



Gentle
Procedures
Clinic

Exceptional Care. Delivered Gently.

Newborn Circumcision After-Care Guide



Thank you for choosing Gentle Procedures for your baby's circumcision. Our Pollock Technique and multiple pain-control steps help make the procedure quick and as comfortable as possible. Our team is here for you 24/7 after the procedure if you have any questions or worries. This guide shows what is normal, how to care for the penis, and when to contact us.

First 24 hours after circumcision

- Baby may be more sleepy or a bit fussy.
- Keep him snugly swaddled and avoid lots of visitors and car journeys.
- A strip of gauze around the penis and a square gauze pad with Vaseline on top are normal.
- Check the nappy (diaper) about every hour for abnormal bleeding; small spots are common, dripping blood is not.
- No baths for 72 hours; use gentle sponge cleaning only if needed.

What happens over days 2–3?

- Swelling just behind the head and a red, shiny head are expected.
- Off-white or yellow patches on the head are healing scabs, not pus.
- The gauze strip may fall off at any time; do not replace it.
- Keep changing the square gauze and Vaseline with each nappy change for 72 hours.

What happens from day 4 to around 2 weeks?

- Stop the gauze pad after 72 hours, unless your doctor says otherwise.
- Apply a thick layer of Vaseline directly over the head and cut line at every nappy change for about two weeks.
- Gentle baths are now usually fine; pat the area dry.
- As swelling settles, gently push the shaft skin down so you can see the whole head, then add Vaseline.

What Normal Healing Looks Like

First 24 hours

Swaddled baby, dressings in place, hourly nappy checks, no baths, small blood spots are normal.

Days 2-7

Swelling and yellow healing patches are normal; the gauze strip may fall off, gentle baths can start after 72 hours, and use Vaseline at every nappy change.

Days 8-28

No dressings, Vaseline as advised, swelling and colour slowly settle, penis looks more "normal"; contact us if anything worries you.

How we support you after circumcision

Before you leave

We show you how to check the dressing, watch for bleeding, and care for the penis at home, and you leave with written after-care instructions and our direct contact details.

24/7 access to your doctor

You receive the doctor's emergency number and clinic contact so you can reach us any time with concerns about bleeding, appearance, feeding, or your baby's comfort.

Day-7 photo review and follow-up

Around day 7, we invite you to send clear photos of the healing area through our secure system so the doctor can review the healing and arrange an in-person check-up if needed.

What bleeding is normal after circumcision?

- Small coin-sized spots of blood on gauze or nappy in the first day are common.
- A little blood when dressings come off is usual; press firmly with clean gauze for 3-5 minutes.
- Continuous dripping blood or nappies soaked with fresh red blood are not normal; call us straight away.

How do I know the circumcision is healing properly?

- The head looks red and shiny, sometimes slightly purple or blue.
- Off-white or yellow patches on the head are normal healing tissue.
- A puffy ring just behind the head is expected and slowly settles.
- Baby wees, feeds and settles as usual, with only mild fussiness.
- You can see the full head once you gently push the shaft skin down after the early swelling.

Common questions

Will my baby be in pain?

Mild discomfort is common, especially at nappy changes, but pain control from the procedure usually lasts for several hours.

Is extra sleepiness on day one normal?

Yes. Many babies sleep more in the first 24 hours; keep offering feeds and watch wet nappies.

What if the gauze or strip falls off early?

If the strip falls off, leave it off. Replace only the square gauze with fresh Vaseline as needed.

When can we start baths again?

After 72 hours, you can give gentle warm baths, unless your doctor has given different advice.

Could redness and yellow patches mean infection?

On their own, no. Call us if redness spreads up the shaft, swelling worsens, or there is smelly discharge.

The penis looks shorter or "buried". Is that okay?

This is common in babies with soft pubic fat and usually improves as they grow; still, gently press the area down for cleaning and Vaseline.

When to contact us

- Continuous dripping of blood or nappies repeatedly soaked with fresh red blood.
- No wet nappies for much longer than usual, or your baby seems in pain when trying to wee.
- Fever, very unwell, floppy, or nonstop crying that you cannot comfort.
- The head of the penis turns dark blue, black or grey.
- Redness spreading up the shaft, fast-increasing swelling, or smelly discharge.
- You cannot see the head at all once swelling has settled, or the skin seems stuck and will not move.



**Gentle
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**Trusted baby circumcision care, performed with
precision, safety, and the gentlest approach for your newborn.**

For full after-care guides and updates, visit our website.

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